LA TOUBANA
Hôtel & Spa

EXPERIENCES BOOK




"Tell us your dreams, we will make them come true."





ABOUT

More than a destination...

Our Concierge Service is at your disposition to organize your stay in every details.

Remember that anything is possible !

Certain activities such as yoga, Pilates, aqua-gym, personal training, and even jet skiing are offered at the hotel. Guided tours also provide transportation directly from La Toubana. For other activities, you may need to arrange for a vehicle rental or use taxi services.

LA TOUBANA Hôtel & Spa

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Enjoy Guadeloupe island

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FIRST PART

OUR SERVICES

TRANSFERT

Make your travel easier !

In order to ensure optimal comfort for your arrival and departure from the island, we are pleased to offer you a transfer service.

Your driver will be waiting for you at the airport with a sign with your name on it.

If you are interested in this service, please send us your flight informations (schedules and flight numbers) and your phone number so that we can transmit it to your driver.

RESERVATION IS REQUIRED







CAR RENTAL

Get mobility !

Thanks to our partner, your rental car can be delivered directly to our establishment or the airport.

RESERVATION IS REQUIRED

ELETRIC MOUNTAIN BIKE RENTAL

Easier to get around...

Enjoy by yourself (or with a guide) an exploration of the coast and countryside of Saint-François in the Caribbean while engaging in an entertaining, playful, and eco-friendly activity.

RESERVATION IS REQUIRED



BABY-SITTING

We also take care of them...

RESERVATION IS REQUIRED

Give in and relax for a day or an evening without your little treasures.
In your accommodation, one of our partner nannies will be happy to take care of your children during your absence.

Reservation minimum 48 hours in advance.







HAIRDRESSER

Take care of yourself !

RESERVATION IS REQUIRED

In your accommodation, our specialist hairdresser partner comes to meet all your desires. For a classic treatment, a haircut or a complete change of look! Treat yourself!



SECOND PART

CULINARY EXPERIENCES



CHEF IN VILLA

Get pampered !

RESERVATION IS REQUIRED

Our Chef comes directly to your suite or villa for an exceptional show.

Gestures, smells and sounds will make your mouth water. Choose your menu in advance and let yourself be carried away by the moods of this professional at your disposition to personalize each of his recipes.





MIXOLOGIST IN VILLA

Awaken your senses..

A passionate mixologist for your private events, to meet the diverse and varied desires of your guests. Combine originality and the pleasure of the taste in a show to awake all your senses...

You will have the opportunity to let yourself be carried away by our introductory workshops to Mixology, for an enriching and informative experience.

RESERVATION IS REQUIRED

ROMANTIC DINNER

For an unique moment...

If you enjoy the celestial views, we recommend you a Romantic Dinner under the Caribbean stars.

At nightfall, accompanied by your driver, rediscover our beach, privatized for the occasion. We create an unique atmosphere, table clothed on the beach, Champagne, red carpet, candles and torches.

Organized and custom made, our Chef will be happy to create your culinary desires.

RESERVATION IS REQUIRED









ROMANTIC BREAKFAST

For a gentle wake up call...

Enjoy a romantic breakfast for the sweetest of the awekenings.

By the beach, surrounded by roses, enjoy the sunrise to taste our romantic selection: hot drinks, fresh fruits juices, selection of cheeses, cold meat, smoked fish, eggs, local pastries...
A choice of meditation session or a 30-minute jacuzzi.

RESERVATION IS REQUIRED



THIRD PART

SPORTS EXPERIENCES



TRAINER

Stay fit, even on holidays !

Alone, with family or friends, book your well-being moment with our Trainer in your accommodation, during Sunrise on our beach or in our gym.

Choose your speciality: muscle building, fitness, gymnastics, stretching... 1h combining well-being and health!

RESERVATION IS REQUIRED

AQUA GYM

To unwind yourself

Alone, with family or friends, book your moment of well-being with our sport coach. The water pressure avoids shocks and minimizes the risk of muscle aches, muscles soreness or elongations. Water provides a feeling of lightness.

Your Aqua-Gym session can be at your private pool or during the sunrise on our beach.

RESERVATION IS REQUIRED







STAND UP PADDLE YOGA

Recharge yourself !

Let yourself be carried away by the sea, according to the swell, on the beautiful waters of Guadeloupe, 1 hour of Yoga on Stand up Paddle to recharge your energies with our Yoguist at dawn. Simple postures. A slow, deep breath. A connected meditation.

Moored to mobile anchors, secure, we stay around 5 feet deep, in the cove of La Toubana.
It is not necessary to be a Yogi master or Paddle to enjoy this activity.

OUR RATES:
- 1 PERS: FROM 60€
- 2 PERS: FROM 100€

RESERVATION IS REQUIRED

RESERVATION IS REQUIRED

YOGA / PILATE

Recharge your batteries !

Book your Yoga session to recharge with positive vibes.

Doing Yoga in the morning allows you to gently wake up your body and soak up natures' energy, in the heart of the Caribbean.

Beginner or passionate, everyone is accepted !



GOLF

Golf under the tropics !

The green of the Saint-François International Golf Course opens its doors to you. Come and hit the ball on a magnificent course designed by Robert Trent Jones.

There is a to practice range accessible to all where several packages are available. After warming up, challenge yourself with family or friends on a 9 or 18 hole course.

Reservations are required for these activities.

You will have the opportunity to refresh yourself and eat in the clubhouse dedicated to players.

RESERVATION IS REQUIRED







FOURTH PART

DISCOVER GUADELOUPE'S ISLANDS

BY THE SEA



DEEP SEA FISHING

For the morning adrenaline

From BOUILLANTE, get away from the shores of the leeward coast at dawn with a professional fisherman who will be happy to share his daily life in the Caribbean high seas.

This sporty morning is scheduled until 1 p.m., but if the big fish are there, there is no question of stopping teasing them until the best catch.

Refreshing drinks and a picnic will be available for you on the boat.

RESERVATION IS REQUIRED

MANGROVE FISHING

The waters of the mangrove are always calm, which makes this environment relaxing and welcoming.

In addition, fishing is an opportunity to teach everyone, including the youngest, all the values around this activity: the discovery of different environments, the respect of fishes, the practice of "fishing release" in the best conditions, the importance of preserving the environment, safety, patience.

RESERVATION IS REQUIRED









PADDLE/KAYAK AT "LE GRAND CUL-DE-SAC MARIN"

RESERVATION IS REQUIRED

Combine sport and comfort !

Sneak into the mangrove and the trees, swim in crystal clear waters, enjoy a lunch with creole flavors and a cocktail served feet in the water delivered by Tom. Meals are mostly prepared with fresh and local products to promote the local economy.
Immortalize your day thanks to the onboard GoPro and let yourself be surprised by breathtaking aerial shots! We also offer a 2-hour stroll through the heavenly and lesser-known Anse à la Barque mangrove in Saint-François.

KITE SURF LESSON, WINGFOIL, WINDFOIL, WINDSURF

To have fun !

RESERVATION IS REQUIRED

Join your instructors on the spot of Anse du Belley in Sainte-Anne to have fun during an initiation session to kitesurfing in Guadeloupe.

You will be in a friendly welcoming spot, a well maintained site, a large choice of lessons (private or group), whatever your level and age, and also equipment rental.





SURF LESSON

To surf the wave !

RESERVATION IS REQUIRED

Our surf professionals will be happy to welcome you for a private or group surf lesson.

Meet us in Port-Louis or in Helleux in Saint-François, in beautiful waters for a sportive moment.

These lessons are available for all levels, from beginners to advanced.

SCUBA DIVING

A new world under the sea !

Warm water (on average at 30 degrees), abundant, colorful marine fauna and flora and of course tropical climate and conviviality. The West Indies can seduce all type of divers... from beginners to high-skilled divers.

Discover the coast of Grande-Terre from Saint-François (or Le Gosier) or from the Cousteau Reserve in Bouillante on the Caribbean coast. The island offers a very wide range of diving sites: caves, wrecks sometimes revealing treasures and marine surprises, vertiginous drop-offs with acttractive mysteries.

RESERVATION IS REQUIRED









JET-SKI

RESERVATION IS REQUIRED

Alone, as a couple or with your family, discover the beauty of the Guadeloupean's coast landscapes.

As a fragile environment, the team of monitors always seeks to educate people to the respect the ecosystem.

We offer many tours combining Guadeloupe's discovery and the practice of jet skiing.

SEMI-RIGID BOAT RENTAL

RESERVATION IS REQUIRED

As a couple or with friends, discover the islands of Guadeloupe by semi-rigid motorboat. You will enjoy an aperitif onboard and we take care to book in the restaurant of your choice or in case you prefer to have a lunch on the beach, we will prepare your lunch box at the rate of 50€ per person.

Masks and snorkels will be at your disposition to facilitate your underwater encounters.
Possible Destinations: Grand Cul de Sac Marin or the southern coastline of Grande-Terre.









RESERVATION IS REQUIRED

CONTENDER RENTAL

As a couple or with friends, discover the islands of Guadeloupe in a contender motorboat.

We provide you with some aperitifs and we take care of the reservation of the restaurant of your choice, or if you prefer to have lunch on the beach, we prepare your lunch-box from 50€ per person.

Masks and snorkels will be provided to facilitate your underwater encounters.
Possible destination : Les Saintes - Marie-Galante - Grand Cul de Sac Marin and South Grande-Terre





MARIE-GALANTE IN SPEED BOAT

Discover the island of the "100 Mills", from La Marina of Saint-François. Boarding is at 7:30am on a boat with a capacity of 12 passengers.
After about 1 hour of sportive crossing, a driver picks you up to visit the island during the morning.

This activity includes distillery, a visit of the Murat house, Trianon Estate, Grand-Bourg market... and other surprises!
Around noon, you will return to the beach where your skipper will have prepared your Creole lunch, feet in the sand. Then, time for snorkeling.
Back to Saint-François at about 5:00pm

RESERVATION IS REQUIRED

LES SAINTES IN SPEED-BOAT

GROUP
12 PERS

Discover Terre-de-Haut, the main island of the Saintes archipelago. Departing from Saint-François, you board a fast motorboat with a capacity of 12 passengers.
After about 1 hour of sportive crossing, you will arrive in one of the most beautiful bay in the world.
You will have the opportunity to walk during the morning in the maze of typical houses, to taste the local gastronomy and to do some shopping.
Around noon, return to the beach where your skipper will have prepared your Creole lunch. Then, snorkeling and lazy afternoon around The Pain de Sucre beach.
Back to Saint-François Marina at around 5pm.

RESERVATION IS REQUIRED









GRAND CUL-DE-SAC MARIN IN SPEED-BOAT

Departing at 7:30 am, from the Marina of Saint-François or 9:00 am from the Marina of Gosier, on a fast motorboat with a capacity of 12 passengers. Visit the salty river, the mangrove, the lagoon and the small surrounding islands.

You will enjoy a Creole lunch, feet in the sand.

Masks and snorkels will be at your disposal to facilitate your underwater encounters.
Snorkeling & chill for the rest of the afternoon!

RESERVATION IS REQUIRED

GROUP
12 PERS

PETITE-TERRE NATURAL RESERVE IN SPEED-BOAT

Departure at 7:30 am from the Marina of Saint-François, on a speedboat with a capacity of 12 passengers.
You will enjoy a Creole lunch, feet in the sand. Masks and snorkels will be at your disposal to facilitate your underwater encounters (various fishs, sharks, rays, turtles, and sometimes dolphins)
Snorkeling & chill for the rest of the afternoon.

As part of visiting the Natural Reserve of Petite Terre, it is requested to use mineral or biodegradable solar cream to preserve the underwater fauna and flora.

GROUP
12 PERS

RESERVATION IS REQUIRED



LE GRAND CUL-DE-SAC MARIN IN SAILING CATAMARAN



Departure is at 8.00 am from the fishing port of Petit-Canal in a sailing catamaran boat, with a capacity of 16 passengers.

Visit the nature reserve, its lagoon, islets, and coral reef. Experience hands-on training and gain awareness about ecosystems during your visit.

Creole lunch is served on board.

Masks and snorkels will be at your dispositon to facilitate your underwater encounters.

RESERVATION IS REQUIRED

GROUP
16 PERS







MARIE-GALANTE BY SAILING

Departure is at 7am from the Galbas Port (5min away from the hotel), you will be sailing on a catamaran, with a capacity of 18 passengers. Let yourself be carried away by nature without noise nor engine smell.
Participate in manoeuvring if you like, or contemplate the wonderful landscape around you instead... After a 2,5 hour-crossing trip, a driver will pick you up to visit the island... Distillery, Kassaverie, Eco-Museum, point of views stand on the agenda among other things.
Around noon your Creole lunch will be served on board in a friendly atmosphere.

GROUP
18 PERS

RESERVATION IS REQUIRED

THE CARIBBEAN COAST BY SAILING

Escape from the fishing port of Deshaies, with an all-inclusive day cruise and discover marine turtles! In the morning, enjoy a beautiful crossing during which your ship pulls an edge offshore before heading to the coast at the bay of Malendure.
You can then eat a meal three course, wine & coffee included. Before leaving, enjoy the boat's trampolines, or a moment of rest in the cockpit shade. On the way back, the Talamanca runs along the coast offering you a magnificent spectacle of the hills of Basse Terre in the declining lights of the late afternoon.

GROUP
22 PERS

RESERVATION IS REQUIRED





FOURTH PART

DISCOVER GUADELOUPE'S ISLANDS

BY AIR



MICROLIGHT FLIGHT

Reach for the sky !

RESERVATION IS REQUIRED

Live, fly and enjoy the spectacle of the sky with our pilot. It is a simple and safe way to enjoy the landscapes of Guadeloupe. It is not for nothing that the island was once called « Karukera, the island of beautiful waters ».
The lagoons and the archipelago of Guadeloupe will charm you.
Take advantage of this moment by discovering our different offers that will allow you to live an exceptional experience.
And for more thrilling experiences, skydiving, paragliding, and hang gliding are also available for you to enjoy.



FOURTH PART

DISCOVER GUADELOUPE'S ISLANDS

WITH A GUIDE



Pointe des Châteaux

GRANDE-TERRE GUIDED TOUR

Discover Grande-Terre with our guide, who is passionate about history, who will be happy to tell you the local stories and legends. On the program, visit of the market of Sainte-Anne, the Pointe des Châteaux in Saint-François and the city of the Moule, enjoy visiting the boulevard and the beautiful church of the city. Then, discover Morne-à-l'eau mytical cemetery and whith the endless checked patterns, as well as the slave march in Petit Canal.

Over an entire day, it is possible to go to Anse Bertrand viewpoint or to the Souffleur beach in Port-Louis. The tour is adaptable according to your desires.

RESERVATION IS REQUIRED

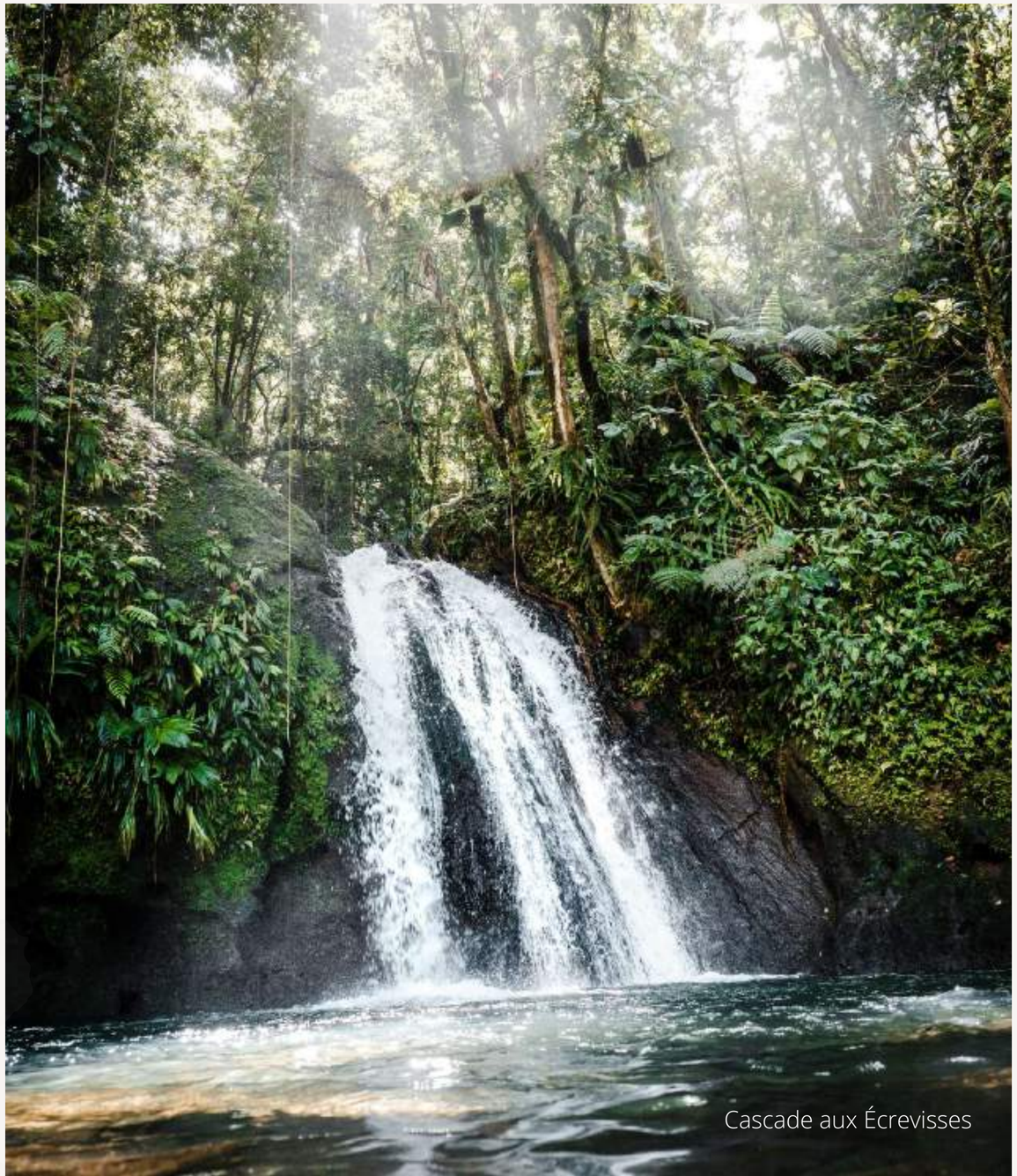
NORTH BASSE-TERRE GUIDED TOUR

Explore the North of Basse-Terre with our passionate guide, who will be happy to tell you local stories and legends. On the program, visit the crayfish waterfall by taking the crossing road and passing by the forest house.

Visit the town of Deshaies and the largest beach of Guadeloupe, Grande-Anse. Discover the botanical garden and the Rum museum in the town of Sainte Rose.

The tour is adaptable according to your desires.

RESERVATION IS REQUIRED



Cascade aux Écrevisses





HAND CRAFTED TOUR WITH A GUIDE

RESERVATION IS REQUIRED

Your guide will pick you up at the hotel early in the morning, your discovery of Guadeloupe will begin at the beginning of the journey thanks to the knowledge of your guide.

A perfect hand crafted day with a guide according to your wishes

Wonderful memories are waiting for you.

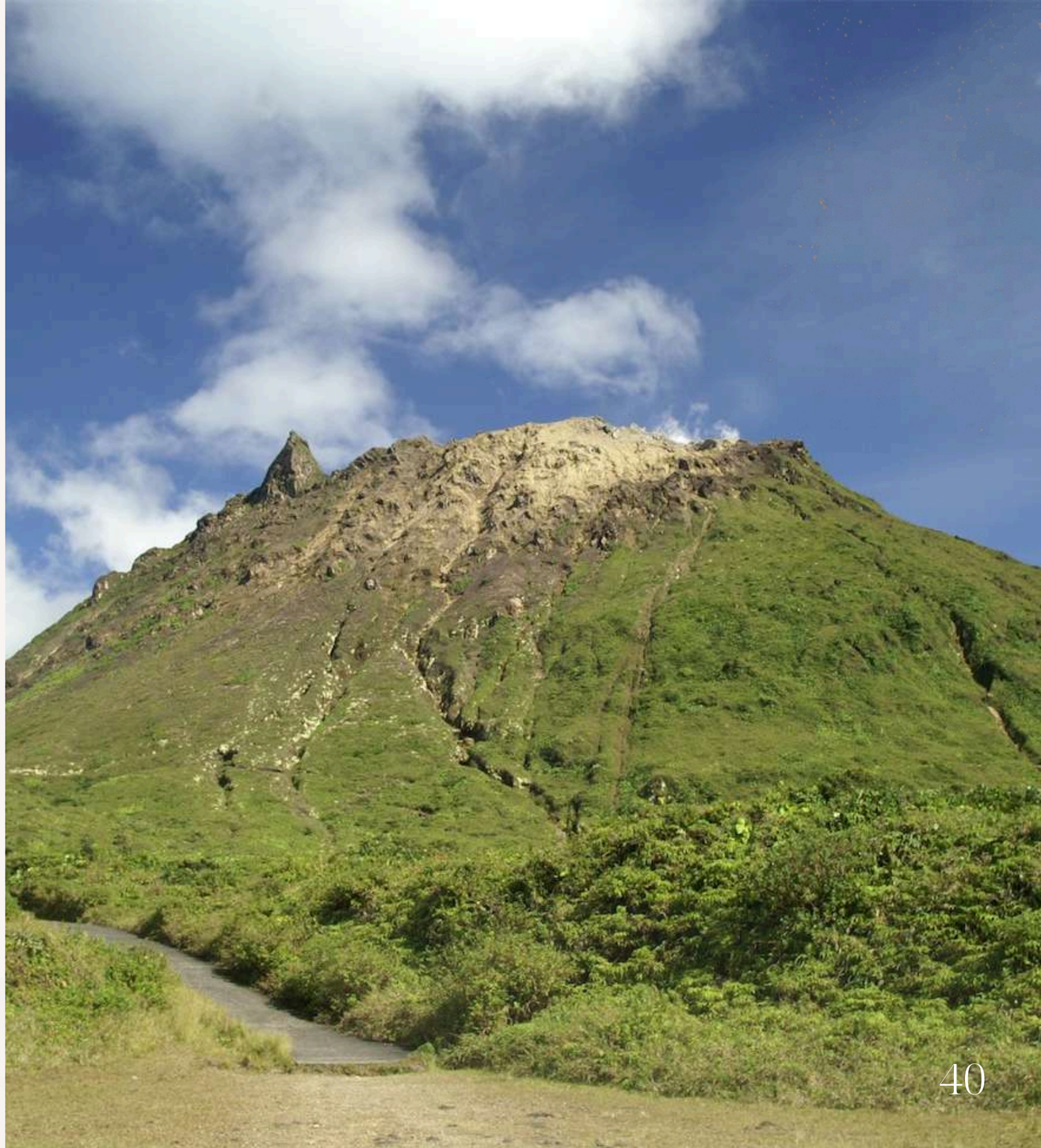
GUIDED ASCENT OF THE SOUFRIERE VOLCANO

La Soufrière is located inside Guadeloupe's National Park, in the southern part of Basse-Terre, 5km from the small village of Saint Claude. It is the highest point of the West Indies with its 1467 meters high, la Soufrière or "The old Lady" according to the nickname given to the volcano by the local population, belongs to a volcanique complex that includes 5 other volcanoes (La Citerne, la Madeleine, l'Échelle, Carmichaël et le Nez Cassé). Fumes, sulphure & acid vapors and hot springs are released.

The access to the Soufrière is currently based at Les Bains Jaunes, where a small car park is arranged. Your guide will be waiting for there at 7:30am
Don't forget your snack, rain clothes and swimsuit!

EN GROUPE
8 PERS

RESERVATION IS REQUIRED





QUAD/BUGGY

From Petit-Canal, escape during an unforgettable Quad-Buggy ride experience, and drive into the heart of Guadeloupe. You will have the freedom of driving an off-road vehicule in the middle of the nature and in a total safety.

Whether you are with your family or friends, all the circuit will transport you through sumptuous and varied landscapes while raising your awareness of eco-hiking!
Rocky tracks, sand path, crossing cane fields, banana plantations, seaside, discovery of old historical remains...

RESERVATION IS REQUIRED

CANYONING IN ATIONAL PARK OF GUADELOUPE

Canyoning is an outdoor activity that consists in going down torrents, streams, rivers, gorges with or without the permanent presence of water and may present waterfalls, basins.

Several offers are possible, depending on the company, but if you are a beginner, you will have to start with the first level.
Departure from Saint-Claude at 8:30am.

Plan on wearing light walking shoes, rain clothes and take a waterproof camera, a bag, snack & water.

RESERVATION IS REQUIRED









HIKING IN THE TROPICAL FOREST

Discover the fauna and flora of Guadeloupe, in the National Park.

With a passionate forest guide, walk trough the tropical forest, he will tell you about the specificities of this luxurious nature.
All your senses are awake : look, feel, listen, touch, breath!
Different circuit are proposed according to the level of each and everyone.

Plan to wear a swimsuit and take a towel, change of clothes, light walking shoes, water and snack.

RESERVATION IS REQUIRED


#MYGUADELOUPEPARADISE
LA TOUBANA
Hôtel & Spa

CANCELLATION AND MODIFICATION POLICY:

In case of cancellation of the service by the company, another date or activity will be proposed to the customer. If it is refused by the customer, it will be refunded in full.

In case of cancellation by the customer:

- + 48H before the service = no charge
- Between 24 and 48 hours before the service - 50 % of the cost will be lost
- Less than 24 hours before the service - 100 % will be lost.

Privatized activities are sublect to specials cancellation conditions depending of the services providers. Please contact the Concierge for more information.



LA TOUBANA Hôtel & Spa



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