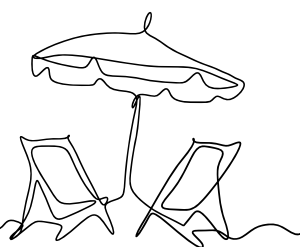




LA TOUBANA

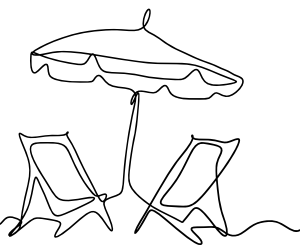
La Plage





LA TOUBANA

La Plage



SOFTS 25cl

Jus de Fruit ananas, goyave, orange, maracuja, pomme	7
Coca-Cola	7
Orangina	7
Sprite	7
Oasis Ice Tea	7
Schweppes	7
Perrier	7
Coca-Cola zéro	7
Diabolo grenadine, menthe	7
Jus Frais Pressé orange, pamplemousse, citron	15

COCKTAILS

Ti punch Bologne ou Damoiseau	8
Punch vieux Damoiseau 3 ans	10
Planteur	12
Punch Coco Maison	15
Daiquiri	16
Pina Colada	17
Mojito - Frozen Mojito	17
Caipirinha	16
Caipiroska	16
Mai Tai	16
Moscow Mule	16

BOISSONS CHAUDES

Café, Café Allongé	6
Café Noisette	7
Café Frappé	8
Thé ou Infusion	8
Café Viennois	8
Double Café	10

MILKSHAKES

Spéculos Vanille	15
Oréo Vanille	15
Coco Banane	15

COCKTAILS SANS ALCOOL 25cl

Cocktail de Fruits Frais	15
Virgin Pina Colada	15
Virgin Mojito	15
Cocktail Détox ananas, basilic, gingembre	15

BIÈRES 33cl

Carib	
Corsaire	
Heineken	
Desperados Classique, Red	
Panaché, Monaco	
Bière locale	

EAUX

Capès Plate	1,5l	7
Capès Gazeuse	1,25l	7
Evian	75cl	9
San Pelegrino	75cl	9

VINS BLANCS

*Bouteille de 75cl

	Verre 15cl	Btl*
Domaine Laroche "La Chevalière" Chardonnay, 2023 IGP Pays D'Oc	14	42
Domaine Thomas "Le Chant des Merles", AOP Sancerre 2023	17	50
Domaine Tariquet, "Premières Grives", Côte-de-Gascogne, 2023	15	50
Domaine Laroche, AOP Chablis, 2021	19	60

VINS ROSÉS

*Bouteille de 75cl

	Verre 15cl	Btl*
Domaine Gérard Bertrand, "Gris Blanc", IGP Pays d'Oc, 2024	16	37
Domaine de La Brillane, Coteaux d'Aix en Provence, Bio 2023		41
Domaine Minuty, "Rose & Or", AOP Côtes-de-Provence, 2024	20	59
Les Commandeurs de Peyrassol, AOP Côtes de Provence 2024	16	50

VINS ROUGES

*Bouteille de 75cl

	Verre 15cl	Btl*
Domaine Laroche, La Chevalière, Pinot Noir, IGP Pays d'Oc, 2023	14	37
Le Donjon de Lamarque, AOP Haut-Médoc		55

CHAMPAGNE BRUT

*Bouteille de 75cl

	Coupe 15cl	Btl*
Collet Brut		100
Laurent Perrier Brut		130
Champagne Perrier Jouet		150
Bollinger Cuvée Spéciale		160
Barons de Rothschild Brut	22	160
Ruinart brut		170
Besserat de Bellefon Blanc de Blancs		180
Ruinart Blanc de Blancs		240
Cristal Roederer Brut		400

CHAMPAGNE ROSÉ

*Bouteille de 75cl

	Btl*
Laurent Perrier Rosé	230
Ruinart Rosé	240

CHAMPAGNE DEMI SEC

*Bouteille de 75cl

	Btl*
Deutz	155

N'HÉSITEZ PAS A DEMANDER NOS VINS D'EXCEPTION

Tous nos prix s'entendent en euros, taxes et service compris.
Carte des allergènes disponibles sur demande.



Vous n'avez pas fini votre plat ?
Demandez un "gourmet bag" si vous souhaitez l'emporter

Nous vous prions de nous excuser en cas d'éventuelles ruptures
liées aux caprices de la Terre et de la Mer.





LA TOUBANA



SHARE OR SINGLE SERVING

Cod accras & Creole sauce	16
Chickpea hummus, mango & annatto oil	14
Mini fish tacos, avocado & corn	16
Chicken croquettes & carrot BBQ sauce	16
Sweet potato fries & colombo sauce	14

STARTERS & SALADS

Classic Caesar Salad	24
Chicken Caesar Salad	28
Shrimp Caesar Salad	30

Quinoa salad, Cajun shrimp, lemon, cilantro	30
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Sucrine lettuce salad, feta, watermelon, cucumber, mint	24
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Lentil salad, banana, avocado, perfect egg	26
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Poke bowl, fish tartare, peanut sauce	30
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Creamy burrata, cherry tomatoes, basil, ginger	30
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RAW FISH & ACCOMPANIMENTS

Ceviche Toubana <i>Watermelon, tomato & local pepper</i>	35
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Ceviche De la plage <i>Mango & passion fruit</i>	35
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Tuna tataki <i>Coconut & lime variation</i>	35
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Tuna tartare <i>Pineapple, ajo blanco & vegetarian pepper</i>	35
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LES BURGERS

BACON CHEESEBURGER Steak, cheddar, confit bacon, pickle & cocktail sauce	30
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CHICKEN BURGER <i>Marinated Chicken Breast, Avocado, Cheddar Cheese, Cajun Sauce</i>	30
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SEAFOOD BURGER <i>Fresh Catch Fish Marinated in Lemon-Cilantro Sauce, Coleslaw</i>	30
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LOBSTER ROLL <i>Mango Ketchup, Brioche Bun</i>	36
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OUR DISHES

Grilled entrecôte (350 g) & pepper sauce	38
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Grilled day-catch fish & Creole sauce	35
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Fresh pasta Pomodoro, basil & parmesan	29
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Fresh pasta Alfredo truffle*	34
*Surcharge Grilled chicken	6

Chatrou, cod & tamarind	38
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Half-cooked tuna, calabaza, ginger & passion-fruit vinaigrette	38
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GRILLED FRESH LOBSTER	16€ les 100g
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ACCOMPANIMENTS 10

French Fries
Sweet Potato Fries
White Rice
Fresh Pasta
Fresh Salad
Seasonal Vegetables

KIDS' MENU Main Course, Dessert, and Juice 25

CHEESEBURGER
CHICKEN OR FISH FINGERS
<i>Ice Cream or Fresh Fruit Salad</i>

LES DESSERTS

Caramelized French Toast with Whipped Cream and Vanilla Ice Cream	15
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TOUBANA Waffle, perfect for sharing (or not!)	15
Rich Nutella paired with Whipped Cream	

SUNDAY EXOTIQUE	15
Coconut ice cream, exotic sorbet, caramelized hazelnuts, whipped cream & mango coulis	

Warm Dark Chocolate Cake with Vanilla Ice Cream	15
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Toubana Sundae	15
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Artisanal Ice Cream & Sorbet (2 scoops)	12
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Classic Magnum Ice Cream	8
Fresh Fruit Salad	15

Gourmet Coffee	18
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Gourmet Champagne	28
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Haven't finished your meal? Ask for a "To-Go Box" if you'd like to take it with you.

Allergen Menu available on request
All prices are in Euros, inclusive of taxes and service



Open every day from 9am to 6pmh

We regret any inconvenience caused by adverse weather or sea conditions

LA TOUBANA

La Plage



WE COMPLY WITH REGULATIONS
REGARDING MEAT ORIGIN. PLEASE ASK
FOR DETAILS

- *Beef: Born, raised, and processed in France, USA, or Ireland*
- *Pork: Born, raised, and processed in France or Spain*
- *Poultry, Duck, and Veal: Born, raised, and processed in France*
- *Lamb: Born, raised, and processed in New Zealand*



Our Exclusive Offers

OUR RELAXATION DAYS

From Monday to Friday

La Journée Douceur

Price: €205 per person

Includes:

- Hammam/Sauna access
- 60-minute relaxing massage or Express Experience
- Pool access
- Lunch at the Restaurant

La Journée Love

Price: €410 per couple

Includes:

- Hammam/Sauna access
- 60-minute couples' relaxing massage
- Pool access
- Lunch at the Restaurant

We also offer other packages including Spa and Dining



POUR PLUS DE RENSEIGNEMENTS

info@toubana.com - 05 90 88 25 57